

**Minutes: Meridian Anti-Drug Coalition General Meeting
Meridian Police Department
November 16, 2017**



Attendees (16): Paige Harwood, Natalie Marti, Jesus Gonzales, Robert Franklin, Sonya Bongen, Chakoma Haidari, Kendall Nagy, Nichole Herold, Cheryl Mulvihill, Peter Vasquez, Scott Colaiani, Monte Stiles, Earl Scharff, Bernie Wolinski, John Gonzales, Howard Davis

TIME	AGENDA ITEMS & SPEAKER	NOTES
4:00	Cheryl Mulvihill <ul style="list-style-type: none"> Welcome & Introductions 	<ul style="list-style-type: none"> sign-in sheet signed by all attendees, welcomes led by Cheryl
4:03	Stephany Galbreaith, MADC Secretary Nichole Herold, Other Organization Sector Representative <ul style="list-style-type: none"> Approval of Minutes 	<ul style="list-style-type: none"> vote to approve September meeting minutes: motion by Monte Stiles, second by Lt. Colaiani
4:05	Hailey Arnold, Youth Sector Representative Kendall Nagy, MADC Director <ul style="list-style-type: none"> MADC Youth Liaison (YL) update 	<ul style="list-style-type: none"> continued efforts to secure MADC YLs at each high school: coalition volunteers to identify club leaders at each high school (including feeder schools) and report back at Dec. meeting. Kendall reported as needing the meeting participants and volunteers to call on local high schools and feeder schools in order to promote more YL's in our community. Hailey Arnold the Youth Sector Rep. needs help with this task as the other coalition member who was helping had to turn her intentions to other projects. Meeting attendees were asked to gather contact information for teachers in charge of clubs that require community service hours at each of the high schools and feeder middle schools (one volunteer to find contacts for one high school). These contacts will be compiled into a spreadsheet after the Dec. meeting to help move the MADC YL positions forward.
4:10	Mary Liz, Media Sector Representative Kendall Nagy, MADC Director <ul style="list-style-type: none"> digital reader board discussion 	<ul style="list-style-type: none"> coalition will identify 5 most viewed reader boards: Mary Liz will then contact businesses to request partnership for MADC event promotion. Kendall provided a list of Meridian reader boards and distributed them to the coalition to choose the five most visible reader boards in the community.
4:15	Guest Speaker: Robert Franklin, SMART Recovery	<ul style="list-style-type: none"> identify Meridian location to host weekly recovery meetings (free of charge). Robert Franklin gave a presentation regarding SMART recovery and asked the meeting participants if anyone had knowledge of a free meeting space for a SMART recovery group to meet in Meridian. BOISE MEETINGS we currently have 2 SMART Recovery meetings on Wednesdays in East Boise. Meeting 1 is focused on the addicted person and Meeting 2 is focused on the family and friends of the addicted person. Both meetings are free and open to the public. These meetings are

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		<p>held from 5:30 pm -7 pm and are held at the PEER Wellness Center, 963 S. Orchard Street, Boise, ID 83705.</p> <ul style="list-style-type: none"> • YOUR HELP - MEETING ROOM - MERIDIAN Several of attendees live in Meridian – and we would like to start a meeting in Meridian. We are looking for a space that is free and we could use on a weekly basis. Ideally we are looking for a room within a secular (non-religious) space such as Meridian City Hall buildings, Meridian Fire Stations, Meridian Library or the like. Date and time would be open to open to your availability, but I would like to suggest the following based on my ability to host the meeting: Sunday’s from 5:30 to 7, Friday’s from 6 pm to 7:30 or Monday’s from 6 pm to 7:30. • SMART RECOVERY BRIEF BACKGROUND Founded in 1994, SMART Recovery is an international non-profit organization which provides assistance to individuals seeking abstinence from addictive behaviors. The approach used is secular (non-religious) and scientifically based using non-confrontational motivational, behavioral and cognitive methods. Meeting participants learn recovery methods derived from evidence-based addiction treatments using a 4-point program: Building and Maintaining Motivation/Coping with Urges/Managing Thoughts, Feelings and Behaviors/Living a Balanced Life. SMART Recovery is the largest addiction recovery organization that does not use the “12-Step” approach used in Alcoholics Anonymous and Narcotics Anonymous. There are over 1500 weekly groups mostly in the United States, Canada, Australia and the United Kingdom. SMART Recovery is recognized as an effective treatment for addiction by the American Academy of Family Physicians, National Institute on Drug Abuse (NIDA), National Institute on Alcoholic Abuse and Alcoholism (NIAAA), the National Institutes of Health (NIH) all of which are components of the US Department of Health and Human Services. • ABOUT MONEY SMART Recovery is free, but donations are accepted to pay for literature and refreshments. Leaders and hosts of meetings receive no money. It is all volunteer. • ABOUT ME I am a volunteer host of SMART Recovery, working under Monica Forbes, a certified Facilitator for SMART Recovery. Monica is also the director of the PEER Wellness Center in Boise. I am retired and have a passion for helping alcoholics and addicts on their journey to recovery. I am currently planning on completing a 35 hour course to become a registered facilitator for SMART. INFORMATION REFERENCES: www.smartrecovery.org/ / www.peerwellnescenter.org/ / https://en.wikipedia.org/wiki/SMART_Recovery/ / RobertFranklin@outlook.com 208-501-6568 (cell and text)
4:30	Kendall Nagy, MADC Director	

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<ul style="list-style-type: none"> • Open Government Sector Representative Position • Gubernatorial Candidate Lieutenant Governor Brad Little Statement • Idaho Office of Drug Policy Updates 	<ul style="list-style-type: none"> • suggestions for volunteer to serve as the Government Sector Representative (Meridian). • identify another gubernatorial candidate to request a statement from. It was suggested we talk to Tommy Ahlquist. Lt. Governor Little's statement says he does not support marijuana legalization. • Office of Drug Policy Update, Community Coalitions of Idaho-September 2017 <ul style="list-style-type: none"> ○ Marijuana, Epidiolex: GW pharmaceuticals – now called Greenwich Biosciences in the U.S. – has begun the FDA submission process Epidiolex has Fast Track designation in the treatment of Dravet Syndrome and GB will be able to submitting research modules as a “rolling” process as the modules are completed. GB expects to submit the final module in October. Completed. If FDA gives the drug Priority Review designation, the review cycle will be 8 months. DEA has up to 90 days to reschedule. If all goes smoothly, we expect the product to be available next year. This means that cannabidiol oil will be available in a consistent, quality controlled formulation that physicians will know how to dose for patients, as well as side effects to discuss with patients. In Idaho, our Expanded Access Program screened 40 pediatric patients. 39 patients received Epidiolex, and there was 1 screen failure. 3 patients have left the study due to inconvenience (i.e. the logistics with participating in the study were more burdensome than the benefit seen to patients enrolled in the trial). ○ Anticipated 2018 Session Legislation, CBD Bill: A representative from Stanley will be bringing a CBD access bill in the first two weeks of the session: <ul style="list-style-type: none"> ▪ The bill is expected to bring the following provisions below, however, this may change prior to the session. Patients desiring to obtain CBD will be eligible to apply for a card and given legal access to CBD from outside the state <ul style="list-style-type: none"> • ODP Concern: Next year we will see a provision that allows for the cultivation and sale of the product in our state ▪ A card will be issued annually to individuals upon recommendation from a physician <ul style="list-style-type: none"> • ODP Concern: Lack of specificity around which types of medical providers (e.g. neurologist) can issue a recommendation. • ODP Concern: Prescriptions typically have a set number of days for script renewal ▪ No lab certification required (product must be >0.3% THC)
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	<ul style="list-style-type: none"> • Event Updates: Treasure Valley Youth Safety Summit Recovery Day Breakfast Public Safety Day notMYkid/Life Skills Presentations: Red Ribbon Week (Natalie Marti & Monte Stiles) Trunk-or-Treat Rx Take-Back Reality Party for Parents 	<ul style="list-style-type: none"> • ODP concern: ISP lab cannot quantify, which will incur state costs for the program to purchase lab testing equipment <ul style="list-style-type: none"> ▪ No quantity limits on how much product a patient can possess ▪ No provision to exclude those with a drug trafficking felony to apply for a card ▪ Unknown at this time: Form that the CBD may be obtained (e.g. oil, oral suspension, topical cream/gel, capsules, edible products) ○ Other potential legislation <ul style="list-style-type: none"> ▪ Asset forfeiture ▪ Mandatory minimums ▪ Opioid resolution ▪ Marijuana decriminalization ▪ Medical marijuana bill (outside of CBD) ○ Opioids, Opioid Strategic Plan: In April, ODP convened a multi-sector Opioid Misuse and Overdose Strategic Planning Retreat. This has resulted in a 5-year statewide strategic plan. ○ Retail Pharmacy Drop Boxes: ODP is the recipient of grant funding intended to provide for startup costs and one year of reverse distribution for medication disposal programs in retail pharmacies. If you, or your coalition members, have contacts with a local retail pharmacy, please encourage them to apply for a mini-grant https://prevention.odp.idaho.gov/grant-opportunities/ • Over 2,780 community members reached through the coalitions prevention strategies since our meeting in Sept. <ul style="list-style-type: none"> ○ Treasure Valley Youth Safety Summit: 130 youth attendees selected from area schools. MADC presented and setup the Natural High Booth. ○ Recovery Day Breakfast: 12th Annual Recovery Day Breakfast had 50 attendees. The speaker, Ashley Marie spoke about her path to recovery. ○ Public Safety Day: over 252 conversations with families about prevention. ○ notMYkid presentations have not successfully attracted parents despite support from school teachers and administration. We will re-assess when and how to share this information. Red Ribbon Week included prevention presentations in Life Skills classes and assemblies held with speakers Natalie Marti & Monte Stiles. These events alone reached over 1,584 students. ○ Trunk-or-Treat: MADC had the Natural High booth set up and gave away over 718
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	<ul style="list-style-type: none"> • Upcoming Events: Statewide Sticker Shock Campaign, ODP & ISLD Shoulder Taps & Compliance Checks 	<p>Polaroid pictures while sharing their positive prevention message about pursuing a Natural High.</p> <ul style="list-style-type: none"> ○ Rx Take-Back: DEA’s biannual Take-Back was another success. We partnered with St. Luke’s Meridian and Crime Stoppers for this free community service event. Youth Scout Troop 314 members partnered with adults to keep the drop-off running smooth and helped safely dispose of over 496 lbs of medications. Combined with our permanent drop off box, we reduced accessibility to potential drugs of abuse by over 1,934 lbs of medications. ○ Reality Party for Parents: A huge thank you to all the youth who, led by John Beranek, put on a powerful and educational show for the Reality Party for Parents. This event was an enormous team effort and it was sensational. As a coalition we will need to consider whether or not evaluation results show a need to continue this event as we look to update our strategic plan. <ul style="list-style-type: none"> • MADC is participating in a Statewide Sticker Shock Campaign in which stickers are being placed on alcoholic beverage bags, warning parents and adults of the fines and punishments of giving alcohol to minors. These bags will be distributed to customers from 4 Meridian liquor stores. The campaign is sponsored by Idaho Office of Drug Policy and The State Liquor Division. • Shoulder Tap and Compliance checks will be held this month. Meridian Police have undercover youth aged around 20 years old to conduct compliance checks at local businesses that sell alcohol, to make sure the business are asking for identification to verify that they are selling alcohol to a person 21 years of age or older and compliant with laws.
<p>5:00pm Meeting Adjourned Next Meeting: Thurs. Dec. 21st 4pm at Meridian Police Department Thank you for being an active member of MADC.</p>		